

24th August 2006

Vegetarian main courses launched for Christmas

With a vegetarian option preferred by many at Christmas (and not always vegetarians), offering customers something different and enticing is important. When it comes to group bookings the whole decision can be swayed on what is the vegetarian option especially for those who already may be feeling “turkeyed out” A Christmas dinner is an event that people look forward to and the vegetarian dish on the menu should offer somebody the same it needs to be special a little different and right for the occasion so that little bit luxurious of rich is what is expected.

Brakes have a large range of vegetarian main course and have launched two new products for this year. The aim for any caterer at Christmas should be to make their vegetarian option still feel like an indulgence - something we all associate with Christmas.

Brakes Mushroom, Blue Cheese, Spinach & Hazelnut Parcel (F32470) is a combination of mushrooms pan fried in garlic butter with spinach and hazelnuts in a blue cheese sauce all rolled up in puff pastry and sprinkled with chopped nuts and poppy seeds.

Simple to prepare, just place in the oven to cook and serve. Individual portions enable good cost control and consistency of appearance and plate coverage. Available in pack size 1 x 8 (234g) and priced at £23.65 (£2.34 each)

Brakes Butternut Squash and Cashew Nut Roast with Redcurrant and Orange Sauce (F32472)

A great addition to any menu Brakes Butternut Squash & Cashew Nut Roast with Redcurrant & Orange Sauce is medley of cashew nuts, almonds & pine nuts combined with butternut squash and topped with creamy French Brie. With a separate sachet of redcurrant and orange sauce.

This is a great vegetarian/meat free option with exciting contemporary ingredients great served with potato dauphinoise & green bean bundles.

Individual portion so excellent portion control and cost control for the caterer.

Pack Size: 1 x 8 (230g) List Price: £24.95, £3.12 each

Notes to Editors

1. Brakes is the leading supplier to caterers in the UK and France, with a turnover in excess of £1.6billion. Its strong understanding of the needs of the catering industry, combined with innovation in both products and service, has seen Brakes develop into the leading foodservice solutions provider . Brakes is also a significant supplier to the foodservice marketplace in France.

For more information:

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